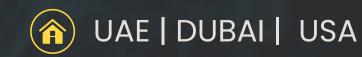
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# Innovating Wellness: Wappnet Joins Forces with Samsung Privileged Health SDK

The Samsung Privileged Health SDK provides access to device-specific sensor data, empowering partners to integrate robust health-sensing features into their applications and enhance overall user experience.











## SAMSUNG PRIVILEGED HEALTH SDK

The Samsung Privileged Health SDK is ideal for fitness, remote monitoring, senior care, and corporate wellness, offering:

- Key Sensors: ECG, heart rate, SpO2, body composition, etc.
- Health Metrics: Stress, sleep stages, blood pressure, etc.
- Efficiency: Designed for low battery use in health apps.

#### Wearable Smart Rings provide:

- Health Tracking: Heart rate, sleep, and stress.
- Fitness: Steps, activity, and calories.
- Contactless Payments: Via NFC.
- Smart Home Control: Gesture control.
- Long Battery Life: Up to a week of use.







### WAPPNET.A

# INTRODUCTION TO SAMSUNG GALAXY WATCH (VIA PRIVILEGED HEALTH SDK)

#### **Health Monitoring Features & Sensors**

- Advanced Sensors: Access to **ECG, PPG, accelerometer, and skin temperature** for comprehensive tracking.
- Optimized Data Accuracy: Enhanced tracking capabilities with minimal battery consumption.
- Wear OS Integration: Seamless app functionality and performance.

#### **Key Health Metrics Available**

- Heart Rate: Continuous tracking during activities and rest.
- Heart Rate Variability (HRV): Insights into stress and recovery.
- Blood Pressure: Monitors BP using bioelectrical impedance.
- ECG (Electrocardiogram): Detects irregular heart rhythms, including atrial fibrillation.
- SpO2 (Oxygen Saturation): Measures blood oxygen levels.
- Body Composition: Analyzes body fat, muscle mass, and hydration levels.
- Sleep Stages: Tracks deep, REM, and light sleep.
- Skin Temperature: Useful for monitoring wellness and stress levels.









#### INTRODUCTION TO

# SAMSUNG GALAXY SMART RING (VIA PRIVILEGED HEALTH SDK)

#### **Health Monitoring Features & Sensors:**

- Optical Bio-Signal Sensor: Enhances heart rate tracking for improved heart health monitoring.
- Skin Temperature Sensor: Provides regular readings of skin temperature changes during sleep.
- Accelerometer: Tracks walking and running automatically without pressing a button.

#### **Key Health Metrics Available**

- Heart Rate: Continuous tracking during activities and rest for heart health monitoring.
- Heart Rate Variability (HRV): Insights into stress and recovery.
- Blood Pressure: Monitored via bioelectrical impedance for cardiovascular health.
- SpO2 (Oxygen Saturation): Measures blood oxygen levels during sleep and activities.
- Body Composition: Analyzes body fat percentage, muscle mass, and water levels.
- Sleep Stages: Tracks light, deep, and REM sleep cycles.
- Skin Temperature: Regular readings of skin temperature for wellness.
- Activity Tracking: Monitors steps, calories burned, and activity intensity.
- Stress Levels: Assessed through HRV and biometric indicators.







### INTEGRATIONS IN HEALTHCARE **SAMSUNG GALAXY** WATCH

**SAMSUNG GALAXY SMART** RING (PHYSICAL)











Continuous tracking of heart rate allows healthcare providers to assess cardiac health during patient visits. It can alert providers to potential issues in real-time.



#### **ECG**

The built-in ECG feature allows doctors to diagnose arrhythmias and other heart conditions quickly. Patients can undergo heart monitoring without needing extensive equipment.



#### **Body Composition**

These devices can measure body fat percentage, muscle mass, and water levels. This information is crucial for obesity management and creating personalized health plans.



#### SpO2

Monitoring blood oxygen levels is essential for respiratory patients. Regular checks can help assess the effectiveness of treatments or detect complications early.



#### **Stress Levels**

Monitoring heart rate variability (HRV) provides insights into patients' stress levels during check-ups, which can help clinicians understand the emotional and psychological aspects of health.





### INTEGRATIONS IN HEALTHCARE **SAMSUNG GALAXY** WATCH

**SAMSUNG GALAXY SMART** RING (REMOTE)





WAPPNET.A



#### **Heart Rate Monitoring**

Continuous tracking of heart rate allows healthcare providers to assess cardiac health during patient visits. It can alert providers to potential issues in real-time.



#### **ECG**

The built-in ECG feature allows doctors to diagnose arrhythmias and other heart conditions quickly. Patients can undergo heart monitoring without needing extensive equipment.



#### **Body Composition**

These devices can measure body fat percentage, muscle mass, and water levels. This information is crucial for obesity management and creating personalized health plans.



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#### **Stress Levels**

Monitoring heart rate variability (HRV) provides insights into patients' stress levels during check-ups, which can help clinicians understand the emotional and psychological aspects of health.





### **UTILIZATIONS FOR GYM** SAMSUNG GALAXY WATCH

**SAMSUNG GALAXY SMART** RING (PHYSICAL)







#### **Heart Rate**

Monitoring heart rate during workouts helps users optimize workout intensity and ensures they are training within safe and effective heart rate zones.



#### **Body Composition**

By measuring changes in body fat and muscle mass over time, users can track their fitness progress and adjust their training accordingly.



#### **Calories Burned**

Real-time calorie tracking allows trainers to create personalized workout plans that align with clients' fitness goals and caloric needs.



#### **Activity Tracking**

Comprehensive tracking of workout intensity, steps, and calories burned during training sessions supports accountability and encourages users to meet their fitness goals.



# UTILIZATIONS FOR GYM SAMSUNG GALAXY WATCH &

# SAMSUNG GALAXY SMART RING (REMOTE)







#### Real-Time Heart Rate Monitoring

Trainers can monitor clients' heart rates during remote workouts, providing feedback and motivation while ensuring safety.



#### **Body Composition**

Continuous tracking of body composition helps clients maintain accountability for their fitness goals even when training remotely.



#### **Stress Levels**

Monitoring stress levels post-workout helps trainers assess recovery and adjust training programs to prevent overtraining.



#### **Sleep Tracking**

Insights from sleep data allow trainers to customize recovery programs, ensuring clients are adequately rested for their next training sessions.





# UTILIZATIONS FOR DOCTORS SAMSUNG GALAXY WATCH

& SAMSUNG GALAXY SMART RING (PHYSICAL)









#### **Heart Rate Monitoring**

Continuous heart rate monitoring allows healthcare providers to evaluate heart conditions in real-time, enhancing patient care.



#### **ECG**

ECG capabilities enable doctors to detect heart irregularities quickly during patient visits, facilitating timely diagnosis and intervention.



#### **Blood Pressure**

Regular measurements of blood pressure help manage hypertensive patients effectively, allowing for immediate adjustments to treatment plans.



#### **Body Temperature**

Monitoring body temperature changes can indicate potential health issues and assist in early diagnosis and intervention.



#### **Body Composition**

Understanding a patient's body composition helps assess overall health and fitness, allowing for tailored treatment plans.





# UTILIZATIONS FOR DOCTORS SAMSUNG GALAXY WATCH

& SAMSUNG GALAXY SMART RING (REMOTE)







#### **ECG & Heart Rate**

Remote monitoring of ECG and heart rate allows for continuous oversight of cardiovascular conditions, enabling timely interventions.



#### **Sleep Stages**

Monitoring sleep stages helps doctors understand sleep disorders and overall wellness, leading to better treatment strategies.



#### **Blood Pressure Trends**

Tracking blood pressure trends remotely aids in managing hypertensive patients, facilitating timely adjustments to medications.



#### **Stress Monitoring**

Remote assessment of stress levels through HRV provides insights into mental health, allowing for necessary interventions.

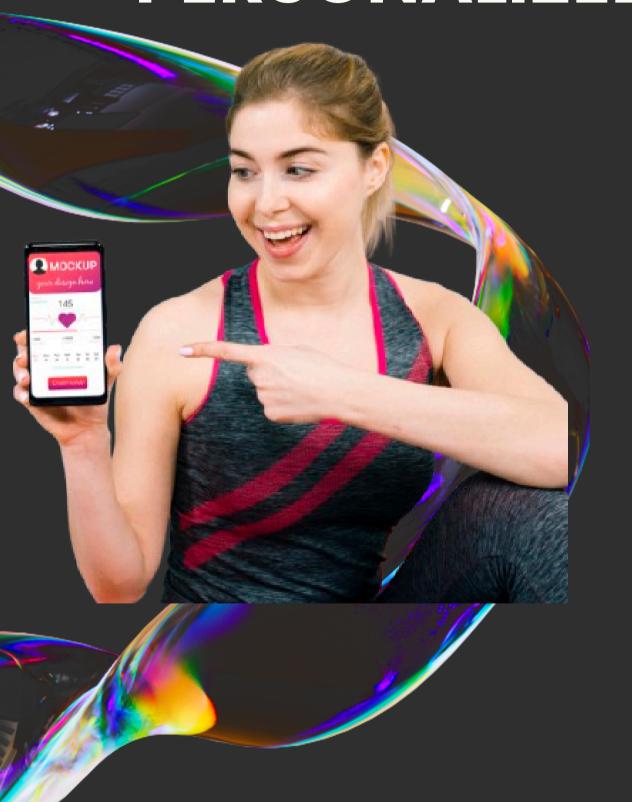


#### **Physical Activity**

Tracking patients' mobility and recovery progress remotely helps healthcare providers tailor rehabilitation and fitness programs.

#### USE CASE I

### PERSONALIZED FITNESS COACHING IN GYMS



#### Scenario

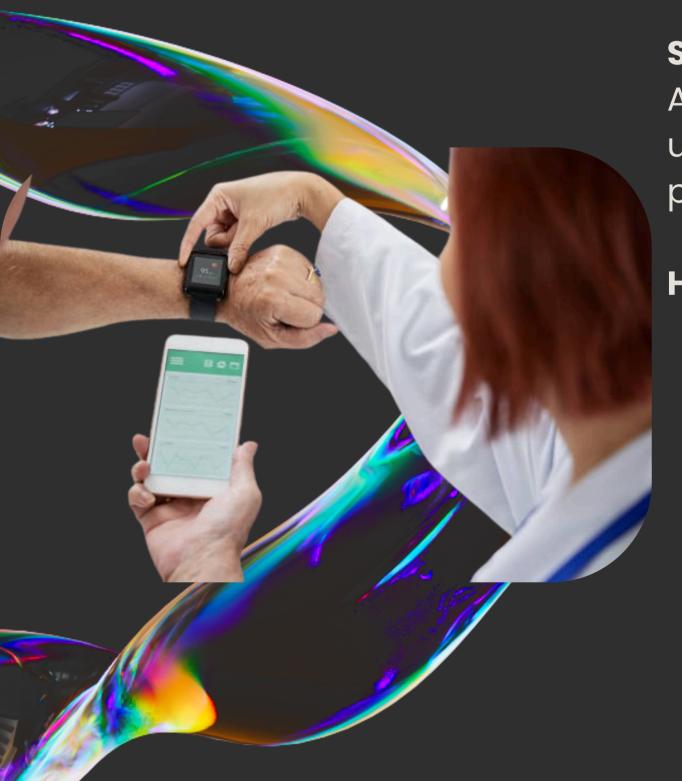
A fitness trainer uses a mobile app integrated with Samsung Health SDK on the Galaxy Watch and a wearable ring to monitor clients' fitness progress in real-time.

#### **How it Works**

- The trainer receives real-time data from the client's watch and ring, tracking metrics like heart rate, calories burned, and exercise intensity.
- Based on this data, the app provides personalized recommendations and adjustments to the workout plan to optimize performance.
- Benefits: Real-time insights ensure workouts are tailored to the client's current fitness level and recovery, preventing overtraining and injuries.

#### USE CASE II

### REMOTE PATIENT MONITORING FOR CHRONIC ILLNESS



#### Scenario

A healthcare provider monitors a patient with chronic heart conditions using a Galaxy Watch and a wearable ring, synced to a telemedicine platform via the Samsung Health SDK.

#### **How it Works**

- The watch and ring continuously track heart rate, ECG, and SpO2 levels.
- Any abnormal readings (e.g., arrhythmias or low oxygen levels) trigger an automatic alert, notifying the doctor through the connected app.
- The doctor can then remotely intervene, advising the patient on necessary actions or adjustments to medications.
- Benefits: This enables early detection of potential health issues and reduces the need for in-person visits, enhancing patient safety and convenience.



# THANKYOU

Let's Connect to Better Health – With Samsung Watch & Wearable Rings.

